

**Product Information:  
Ensure® Enlive® Advanced Nutrition Shake**

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Ensure® Enlive® Advanced Nutrition Shake

- 1 ENSURE ENLIVE is our most advanced nutritional product, designed to help rebuild strength and energy from the inside, with an ALL-N-ONE blend to support muscle, bone, heart, immune, and digestive tract health. Ensure Enlive is specially formulated to help maintain and rebuild lean body mass and strength in patients recovering from illness, injury and surgery.
- 1 For oral use.
- 1 For supplemental nutrition.
- 1 Recommend 2 servings per day in addition to a healthy diet.
- 1 1.5 g of CaHMB (calcium beta-hydroxy-beta-methylbutyrate), plus 20 g of high-quality protein/serving for muscle health.
- 1 Excellent source (610 mg/8 fl oz) of plant-based omega-3 ALA (40% of 1.6 g DV) for heart health.
- 1 Excellent source of antioxidants (vitamins C & E and selenium) to support normal immune function.
- 1 3 g prebiotic fiber to support growth of good bacteria in the digestive tract.
- 1 Excellent source of vitamin D and calcium to support strong bones.
- 1 Concentrated calories (1.5 Cal/mL) and excellent source of protein (20 g/8 fl oz).
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for people with galactosemia.

## Ingredients

### Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Short-chain Fructooligosaccharides, Corn Oil, Soy Protein Isolate, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Potassium Hydroxide, Whey Protein Concentrate. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Potassium Phosphate, Ascorbic Acid, Magnesium Hydroxide, Choline Chloride, Calcium Carbonate, Calcium Phosphate, Sodium Phosphate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Sodium Selenate, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3), Natural & Artificial Flavor, Cellulose Gel, Soy Lecithin, Monoglycerides, Cellulose Gum, L-Carnitine, and Carrageenan.

**Allergens:** Contains milk and soy ingredients.

## Availability

List Number	Item
64291	Ensure Enlive Advanced Nutrition Shake Strawberry / 8 fl oz (237 mL) Bottle / 4 x 4 ct
64293	Ensure Enlive Advanced Nutrition Shake Vanilla / 8 fl oz (237 mL) Bottle / 4 x 4 ct
64296	Ensure Enlive Advanced Nutrition Shake Chocolate / 8 fl oz (237 mL) Bottle / 4 x 4 ct
64721	Ensure Enlive Advanced Nutrition Shake Chocolate / 8 fl oz (237 mL) Bottle / 12 ct
64760	Ensure Enlive Advanced Nutrition Shake Vanilla / 8 fl oz (237 mL) Bottle / 12 ct
66831	Ensure Enlive Advanced Nutrition Shake Strawberry / 8 fl oz (237 mL) Bottle / 2 x 4 ct

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## Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Total Fat, g	11	14
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	260	11
Total Carbohydrate, g	44	16
Dietary Fiber, g	3	11
Total Sugars, g	20	
Added Sugars, g	20	40
Protein, g	20	40
Vitamin D, mcg	12	60
Calcium, mg	500	40
Iron, mg	4.5	25
Potassium, mg	560	10
Vitamin A		25
Vitamin C		70
Vitamin E		100
Vitamin K		20
Thiamin		40
Riboflavin		40
Niacin		50
Vitamin B6		40
Folate		40
Folic Acid, mcg	96	
Vitamin B12		40
Biotin		40
Pantothenic Acid		40
Phosphorus		30
Iodine		25
Magnesium		20
Zinc		70
Selenium		50
Copper		25
Manganese		25
Chromium		25
Molybdenum		25
Chloride		2

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## Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Choline		25

## Liquid Vanilla Footnotes & References

### Per 8 fl oz (237 mL)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Preparation

### Instructions for Use:

- 1 Shake well. Best served chilled.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.
- 1 If not consumed directly from the container, cover, refrigerate, and **use within 24 hours**.

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