

## Glucerna® 1.2 Cal

For people with diabetes

GLUCERNA 1.2 CAL is a calorically dense formula with CarbSteady®, a specialized blend of low glycemic and slowly digestible carbohydrates, clinically shown to help minimize blood glucose response compared to a standard 1.2 Cal formula in patients with type 2 diabetes.<sup>1</sup> GLUCERNA 1.2 CAL has CarbSteady® which includes low glycemic carbohydrates for enhanced glycemic management compared to high glycemic carbohydrates. Specialized nutrition for enhanced glycemic management compared to a standard formula. For patients with type 1 or type 2 diabetes or elevated glucose response. For tube or oral feeding. For supplemental or sole-source nutrition. Use under medical supervision.

<sup>1</sup> Alish C, et al. Diabetes Technol Ther. 2010;12:419-425.



### Features

- 20% of calories from protein to help promote anabolism.
- Glucerna 1.2 Cal contains a fat blend which is within the American Heart Association and American Diabetes Association recommendations favoring monounsaturated and polyunsaturated fats and limiting saturated fat to help manage lipid profiles.<sup>2,3,4</sup>
- Provides an excellent source (570 mg ALA/8 fl oz) of plant-based omega-3 fatty acid alpha linolenic acid (35% of the 1.6 g DV for ALA) to support cardiovascular health.
- At 1.2 Cal/mL, patient needs can be met with less volume.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

<sup>2</sup> Eckel R, et al. Circulation. 2014;129:S76-S99.

<sup>3</sup> Lichtenstein A, et al. 2021. Circulation. 2021; 144:e472–e487. DOI: 10.1161/CIR.0000000000001031

<sup>4</sup> American Diabetes Association Professional Practice Committee. Diabetes Care 2022;45 (Suppl. 1):S60–S82

### Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

### Availability

List Number	Item
64918	Glucerna 1.2 Cal Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

### Ingredients

#### Vanilla Liquid

Water, Sodium Caseinate, High Oleic Safflower Oil, Corn Maltodextrin, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Short-chain Fructooligosaccharides, Sucromalt, Glycerin, Milk Protein Concentrate. Less than 0.5% of: Soluble Corn Fiber, Oat Fiber, Potassium Citrate, Soy Lecithin, Soy Fiber, Magnesium Phosphate, Natural & Artificial Flavors, Calcium Carbonate, Inositol, Calcium Citrate, Sodium Citrate, Potassium Chloride, Ascorbic Acid, Choline Chloride, Salt, Potassium Phosphate, Carrageenan, Calcium Phosphate, L-Carnitine, Taurine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Phylloquinone, Sodium Selenate, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

### Nutrition Information

8 fl oz (237 mL)		
	Value	%DV
Protein, g	14.2	

Fat, g	14.2	
Saturated Fat, g	1	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	9.5	
Carbohydrate, g	27	
Dietary Fiber, g	3.8 <sup>†</sup>	
Total Sugars, g	13	
Added Sugars, g	13	
L-Carnitine, mg	42	
Taurine, mg	32	
Inositol, mg	200	
Water, mL	191	
Calories	285	
Vitamin A, mcg RAE	180 <sup>†</sup>	
Vitamin D, mcg	3.8	
Vitamin E, mg	9.6	
Vitamin K, mcg	31	
Vitamin C, mg	62	
Folate, mcg DFE	125	
Folic Acid, mcg	75	
Thiamin (Vitamin B1), mg	0.60	
Riboflavin (Vitamin B2), mg	0.60	
Vitamin B6, mg	0.70	
Vitamin B12, mcg	2.20	
Niacin, mg NE	6	
Choline, mg	110	
Biotin, mcg	10.5	
Pantothenic Acid, mg	2	
Sodium, mg	270	
Potassium, mg	380	
Chloride, mg	220	
Calcium, mg	190	
Phosphorus, mg	190	
Magnesium, mg	80	
Iodine, mcg	29	
Manganese, mg	0.60	
Copper, mg	0.31	
Zinc, mg	2.1	
Iron, mg	3.5	
Selenium, mcg	13	
Chromium, mcg	10	
Molybdenum, mcg	21	

Water, g	NA	NA
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<sup>1</sup>1.4 g of total dietary fiber from soy, oat and corn fibers; 2.4 g from Short-chain Fructooligosaccharides.

<sup>1</sup>80 mcg RAE of vitamin A activity supplied by 0.2 mg Beta-Carotene.

Preparation

Instructions for Use:

8 fl oz Container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Oral Feeding

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the **INSTRUCTIONS FOR USE** increases the potential for microbial contamination and may reduce hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.

Precautions

- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.