

E n s u r e [®] O r i g i n a l
 T h e r a p e u t i c N u t r i t i o n
 S h a k e



Complete Therapeutic Nutrition

ENSURE ORIGINAL THERAPEUTIC NUTRITION can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss. For oral use only. For interim sole-source nutrition. Use under medical supervision.

Features

- Complete, Balanced Nutrition[®].
- Good source of protein (9 g/8 fl oz).
- 27 vitamins and minerals.
- Excellent source (320 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 20% of 1.6 g DV) to support heart health.
- 25% DV of Vitamin D to support bone health.
- #1 Doctor-recommended brand.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64931	Ensure Original TN Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
58297	Ensure Original TN Shake Vanilla / 8 fl oz (237 mL) Bottle / 24 ct

Ingredients

Vanilla Liquid

Water, Sugar, Corn Maltodextrin, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Short-chain Fructooligosaccharides, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Calcium Carbonate, Sodium Citrate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Potassium Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural & Artificial Flavor, Cellulose Gel, Salt, Cellulose Gum, Soy Lecithin, Monoglycerides, and Carrageenan.

Contains milk and soy ingredients.

Nutrition Information

	8 fl oz (237 mL)	
	Value	%DV*
Calories	250	

Ensure® Original Therapeutic Nutrition Shake

Total Fat, g	6	8
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	3	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	41	15
Dietary Fiber, g	3	11
Total Sugars, g	23	
Added Sugars, g	22	45
Protein, g	9	18
Vitamin D, mcg	5	25
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	470	10
Vitamin A		25
Vitamin C		50
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		35
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		15
Iodine		25
Magnesium		20
Zinc		30
Selenium		25
Copper		25
Manganese		25
Chromium		25
Molybdenum		25
Chloride		10
Choline		25

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Preparation

Instructions for Use:

- Shake well. Serve cold.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.